

## This Week in Sunday School 3.7.21 - Commandments

Happy Sunday, Friends.

It's challenge week in Sunday School - our lesson has not one but TWO lessons. But I know you are up for it!

For the first story we're heading first to the Old Testament and Moses where he gets the 10 Commandments from God. Commandments are a set of rules and no one likes rules, but they help provide a way for us to live together in peace as a community.

It's over to the New Testament for our second lesson. In this one the Pharisees (remember them? They were men who believed in strictly obeying the laws of Judaism) tried to challenge Jesus about what was the most important commandment. But Jesus shows them just how smart he is and gives not one but two answers. What do YOU think is the most important commandment? Read on to see if it matches what Jesus says.

Attached are some coloring pages for you. Enjoy!

Lent isn't always about giving things up, but also giving and acts of service. This week we are going to work on a Kindness Challenge. Attached is a list of some suggestions but you can also do your own thing! The important thing is to be kind to others (hint....it kind of goes with our lesson this week).

I hope all of you know how much you are loved and missed! We can't wait to be all together at church again soon.

Take Care,  
Gabrielle Heimerling  
Director, Youth and Family Services  
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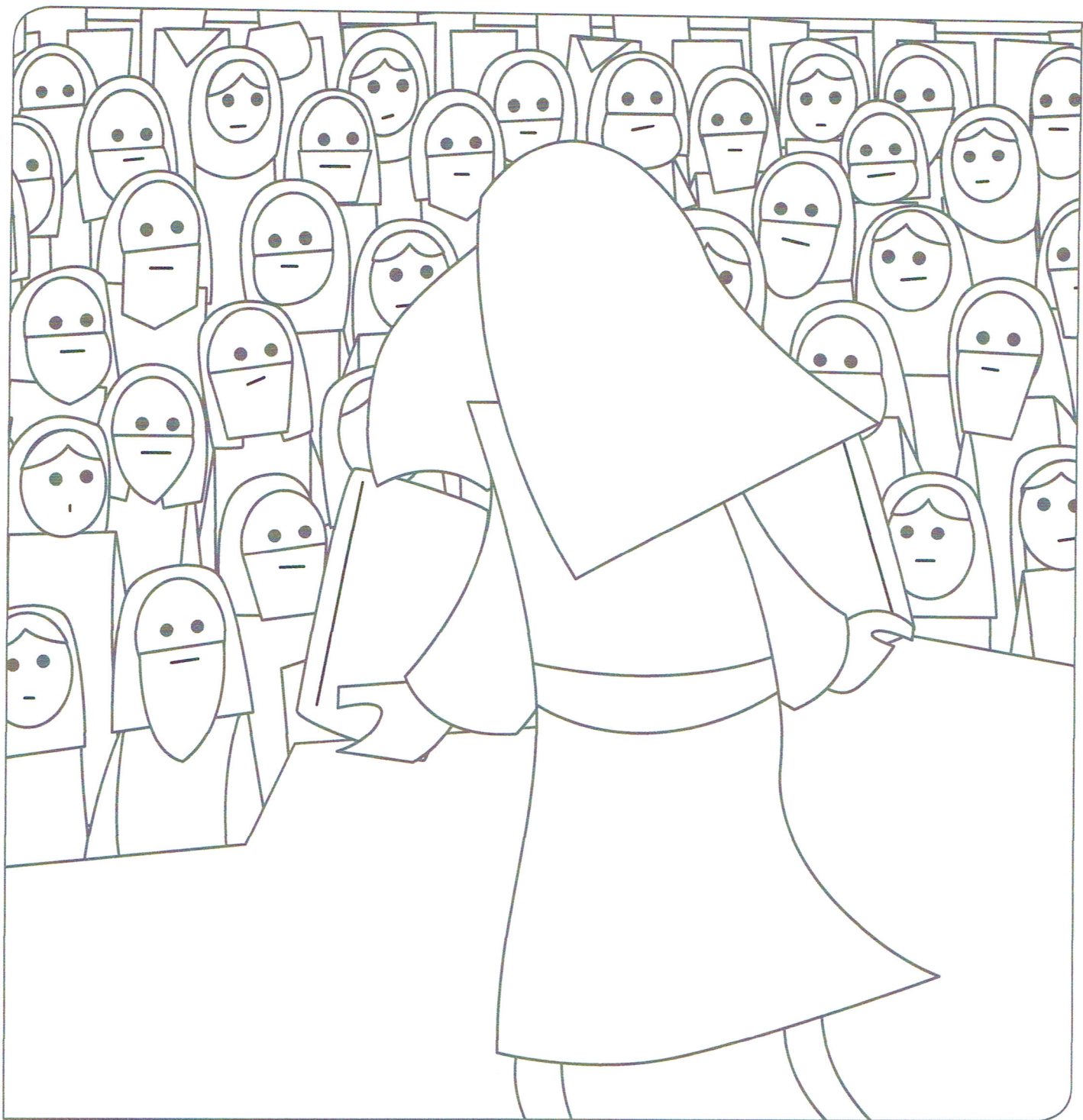
# kid's kindness CHALLENGE

PICK UP LITTER IN THE PARK	SMILE AT EVERYONE YOU SEE TODAY	PICK A FEW TOYS TO DONATE	COMPLIMENT 5 PEOPLE TODAY
SAY THANK YOU TO YOUR TEACHERS	LET SOMEONE GO AHEAD OF YOU IN LINE	PLAY WITH SOMEONE NEW	HOLD THE DOOR FOR SOMEONE
GIVE SOMEONE A FLOWER	GIVE SOMEONE A HUG	CLEAN UP WITHOUT BEING ASKED	WRITE A THANK YOU LETTER
DO A SIBLING'S CHORE	CREATE A CARE PACKAGE	DONATE A CAN OF FOOD	OFFER TO HELP A FRIEND





# The Ten Commandments



God gave Moses the Ten Commandments so the Israelites would know how to show their love for God and others. What rules do you follow at home?

# The Greatest Commandment



The Pharisees are asking Jesus a question about rules. When Jesus answers, he talks all about LOVE. Do you think the Pharisees were surprised?